



NEWS & UPDATES

February Recap - Last month was truly a dynamic and memorable time at Bancroft Community Family Health Team. We welcomed several new staff members to our team, celebrated important milestones together, and received generous donations that will help us enhance patient care. Additionally, we launched the initial phase of our slow roll-out to begin bringing patients off our waiting list, marking an exciting step forward in our commitment to serving the community. We look forward to building on this momentum in the months ahead. *(See page 2 for more details)*



Pictured from left to right, Liz Demers, Jackie Share, Paul McAlpine, Brenda Barker, Marie Towns, Tammy Ives, Jocelyn Jan and Hayley Huszarik.

DONATIONS

The Bancroft Community Family Health Team would like to extend our heartfelt gratitude to Choices Thrift and Gift Shop for their incredibly generous donation of \$4,511.82, which will be used to purchase a new Ankle and Toe Pressure Kit for our Diabetes Program.

Thanks to Choices Thrift and Gift Shop's commitment to supporting local healthcare, our team will be able to offer essential, state-of-the-art diagnostic tools right here in Bancroft. This new piece of equipment will empower our health practitioners to assess arterial disease and neuropathy more effectively, ensuring our patients receive the best care possible.

Thank you, Choices Thrift and Gift Shop, for your continued dedication to strengthening our community's health and wellbeing!

AVAILABLE GROUP SESSIONS

Referral Based

- Cardiac Rehabilitation
- Pulmonary Rehabilitation
- Diabetes Activity Program

Open Groups & Classes

- SMART Recovery
- Heart Health
- Healthy You
- Prediabetes
- Tools for Weight Management



RAAM CLINICS

Rapid Access Addictions Medicine Clinic has new drop-in hours.

Mondays: 12:00 PM – 3:00 PM

Tuesdays: 9:00 AM – 11:30 PM

Wednesdays: 1:00 PM – 5:30 PM



SMART Recovery has updated its schedule to include a new session and a revised meeting time.

Tuesdays: 1:30 PM to 2:30 PM

Thursdays: 6:00 PM to 7:00 PM

NEW ALLIED HEALTH PROFESSIONALS & TEAM MEMBERS



Madison Walsh, joined our team mid February as a receptionist. She comes to us with working experience in Australia, Europe and Canada. Most recent role was with the Health 811 call line.

Diana Weichenthal, RN will starting with us in March. She will be starting with us part-time in our Diabetes Clinic. Some may recognize her from her student placement here in 2024 or from Quinte Health Bancroft.

Casey Billings, RN comes to us from Killaloe she will be working in our Aging Well at Home program and our Diabetes Clinic.

Hannah Torrens, Lactation Consultant will be joining our team to support new mothers.

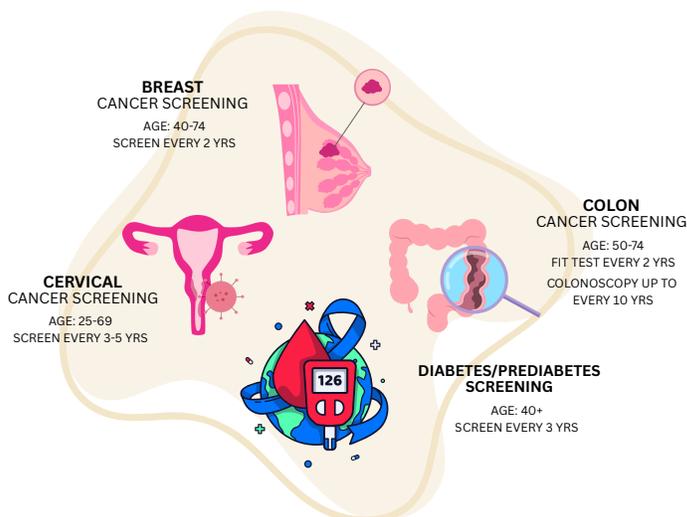
We are excited to announce that **Brenna Sheppard**, RPN has rejoined our team in a new role. You will find her assisting the *Medical Clinic* nurses with vacation coverage and administrative work.



BCFHT ACCEPTING PATIENTS - WHAT YOU NEED TO KNOW

We are pleased to announce that our clinic is now accepting new patients. Please note, that there are several key details to consider regarding our intake process. At present, our internal waiting list includes nearly 2,000 individuals. We will be accepting patients based on the date they applied. Priority will be given to those already on our **waiting list** before we review referrals received through Healthcare Connect. Currently, we are processing applications submitted in 2022. This gradual onboarding aligns with the addition of a new Nurse Practitioner to our team, the expansion of our existing Nurse Practitioners' practices, and the upcoming arrival of Dr. Negm in the spring.

If you are selected for acceptance, you will receive an information package at your mailing address. To ensure timely communication, please verify that your contact information with our clinic is up to date, especially if you have moved since joining our waiting list. We appreciate your patience and understanding as we work to welcome new patients into our practice.



PREVENTATIVE CARE PROGRAM

Preventative care screening at BCFHT aims to detect health issues early, when they are easier to treat, improving outcomes and reducing the risk of serious conditions. Services include blood pressure checks, cholesterol testing, cancer screenings, diabetes assessments, and immunizations, all personalized to each individual's health profile.

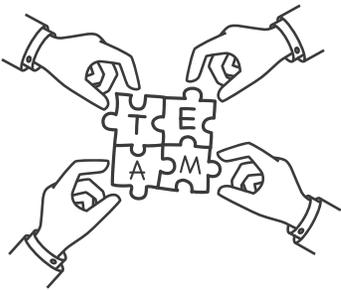
These screenings are open to everyone, whether you have a primary care provider with our team or not.

To learn more or to schedule a screening, contact nurse Rebecca today at 613-332-1565 ext. 321.



Team members of the Bancroft Community Family Health Team proudly participated in Pink Shirt Day on February 25th, 2026.

Pink Shirt Day Canada, a national movement dedicated to raising awareness and reducing bullying and discrimination in schools, workplaces, and communities. Each year, individuals and organizations across the country come together to promote kindness, inclusion, and respect, creating safer spaces for everyone. At BCFT we are committed to fostering a culture of empathy and positive social change.



LAST WEDNESDAY OF THE MONTH

On the last Wednesday of each month, our office is closed to patients so the entire team can meet for important discussions and professional development. This time lets us hold meetings, review programs, attend training sessions, and participate in team-building. Since we have almost 60 staff members across four locations, setting aside this day makes it possible to coordinate these valuable activities.

WORK ANNIVERSARY CELEBRATIONS

- Jordana Bain, NP (7 years)
- Dr. Melissa Fransky (13 years)
- Dr. Dayna Noltie (6 years)
- Rebecca Fransky, RPN (3 years)
- Kevin Penny, PA, PT (3 years)

