



NEWS & UPDATES

The Bancroft Community Family Health Team is delighted to announce the launch of our monthly newsletter, thoughtfully designed to keep our community well-informed and engaged. Each issue will feature the latest updates on our programs, services, and clinic news, ensuring everyone has easy access to important information and resources. We invite you to stay connected as we continue to support the health and well-being of our community together.



Pictured from left to right, (Jordana Bain, Shari Comerford, Jordanna Fenato)

MEET OUR NURSE PRACTITIONERS

Shari Comerford has been a valued member of our team since September 2017. Initially, Shari contributed to our Saturday Clinics and Women's Health Clinics before transitioning to a full-time role in 2023, where she now manages her own roster of patients.

Jordana Bain joined us in March 2019, beginning her tenure by collaborating with our family physicians. In November 2023, Jordana assumed responsibility for her own patient roster and continues to provide support to our physicians during their in-patient rotations at the hospital.

We are pleased to welcome Jordanna Fenato, who joined our team in December 2025. Jordanna will gradually be taking on her own roster of patients throughout this year, and we look forward to her contributions to our clinic. See page 2 for more information.

RESPIRATORY CLINICS

Every Tuesday evening in February, from 5:00 PM to 7:00 PM, an acute flu and respiratory clinic will be available.

If you have a primary care provider, please book your appointment through their office; otherwise, you can call 613-332-1565 EXT 220.

Appointments are scheduled only for the same day or next day, serving patients with acute flu-like or respiratory symptoms.



RAAM CLINICS

Rapid Access Addictions Medicine Clinic has *new drop-in hours*.

Mondays: 12:00 PM – 3:00 PM

Tuesdays: 9:00 AM – 11:30 PM

Wednesdays: 1:00 PM – 5:30 PM



SMART Recovery has updated its schedule to include a new session and a revised meeting time.

Tuesdays: 1:30 PM to 2:30 PM

Thursdays: 6:00 PM to 7:00 PM

TWO NEW HEALTH PRACTITIONERS JOIN OUR TEAM

JORDANNA FENATO, NP



"I'm excited to join the BCFHT as a Nurse Practitioner, bringing over 16 years of nursing experience across emergency, pediatrics, and primary care, with specialized experience in neonatal intensive care and working with Indigenous communities. I provide comprehensive care across the lifespan using a practical, evidence-informed approach focused on clear communication, trusting relationships, and realistic care plans.

I've had the privilege of working in many small, rural, and remote communities across Canada, which has shaped my commitment to culturally responsive care, adaptability, and health equity. I'm looking forward to getting to know the community and partnering with patients and families to support their health goals." ~ Jordanna



DR. AHMED NEGM

Building on last week's announcement from Hastings County, we are excited to welcome Dr. Ahmed Negm to our team. He will join the Medical Clinic in spring 2026. Originally from Alexandria, Egypt, Dr. Negm completed the provincial Practice Ready Ontario program. He brings extensive experience as a physician in both Egypt and Canada, with a background in primary care, hospitalist, orthopedic surgery, evidence-based research, and clinical teaching.

In 2025, Dr. Negm gained valuable experience at our Manor Site under the supervision of Dr. Parambir Keila. He will soon begin his own family medicine practice. We will start accepting patients from our internal waiting list, followed by those referred through Health Care Connect.



NEW ALLIED HEALTH PROFESSIONALS & TEAM MEMBERS



In November 2025, our social work team was further strengthened by the addition of **Jenny McLean**. Jenny brings extensive experience working with youth.





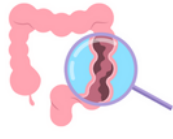

In November 2025, we also welcomed **Krystal Ziebarth** to our team as the receptionist supporting our Nurse Practitioners. Krystal brings a wealth of reception experience from her background in veterinary care.



In December 2025, **Bonnie Kroes**, RPN joined us to cover a maternity leave doing footcare for our diabetes patients.

We are thrilled to have this trio added to our dynamic team.

PREVENTATIVE CARE PROGRAM

BREAST CANCER SCREENING  Age: 40-74 Screen every 2 yrs	CERVICAL CANCER SCREENING  Age: 25-69 Screen every 3-5 yrs	COLON CANCER SCREENING  Age: 50-74 FIT test screening every 2 yrs Colonoscopy up to every 10 yrs	DIABETES PREDIABETES SCREENING  Age: 40+ Screen every 3 yrs
---	---	--	--

Preventative care screening at BCFHT aims to detect health issues early, when they are easier to treat, improving outcomes and reducing the risk of serious conditions. Services include blood pressure checks, cholesterol testing, cancer screenings, diabetes assessments, and immunizations, all personalized to each individual's health profile.

These screenings are open to everyone, whether you have a primary care provider with our team or not.

To learn more or to schedule a screening, contact nurse Rebecca today at 613-332-1565 ext. 321.



Bancroft Community
Family Health Team

PATIENT EXPERIENCE SURVEY

WE WANT

YOUR

FEEDBACK!

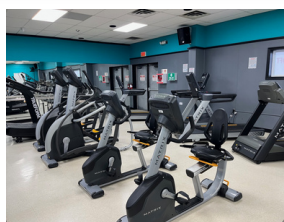


BCFHT SURVEY

We would like your feedback about your experience with care at our team. By completing the survey you are providing consent for your answers to be used for quality improvement purposes. Results are anonymous and confidential, we are unable to track who has completed the survey. Paper copies are also available at each site if you prefer to complete when you are at the clinic

Survey closes February 28th, 2026.

The link to the survey is:
<https://www.surveymonkey.com/r/6XWVX8C>



PROGRAMS RUNNING THIS MONTH

Referral Based

- Cardiac Rehabilitation
- Pulmonary Rehabilitation
- Diabetes Activity Program



Open Groups & Classes

- SMART Recovery
- Heart Health
- Healthy You
- Prediabetes
- Tools for Weight Management

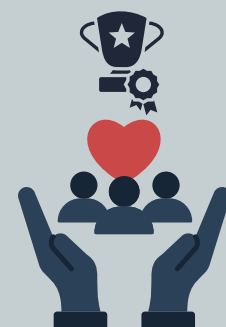
WORK ANNIVERSARY CELEBRATIONS

January

- Dr. Steven Griffin (18 years)
- Dr. Alexander Ferreira (12 years)
- Valerie Robbins, RPN (15 years)
- Natasha Moshenko, D.Ch. (16 years)
- Heather Sparrey, RPN (8 years)

February

- Hayley Huszarik, RN (7 years)
- Gwen Montroy (18 years)
- Stephanie Hevenor, RD (4 years)



**THE
MEDICAL CLINIC**



Bancroft Community
Family Health Team



www.bcfht.org



613-332-1565