



North Hastings Cardiac Rehabilitation Referral Form

Eligibility Criteria

- Cardiac symptom free and clinically stable (ie. Stable angina or A-Fib)
- Sinus rhythm with resting HR <90 (no devices)
- Fully revascularized or blockages of >60% on angiogram (includes successful PCI)
- No previous cardiac events prior to the current event within the last year
- Exercise level of at least 2.5 METS (slow paced walk for 15 min)
- Without cognitive impairment / able to follow directions
- Ambulatory



PATIENT LABEL

**PLEASE FAX COMPLETED
REFERRAL AND REPORTS
TO 613-332-5541**

Primary Diagnosis

- | | |
|--|---|
| <input type="checkbox"/> Myocardial Infarction - Date(s): _____ | <input type="checkbox"/> Stable CAD |
| <input type="checkbox"/> Other Cardiovascular Insufficiency: _____ | <input type="checkbox"/> Acute Coronary Syndrome |
| <input type="checkbox"/> CABG – Date: _____ | <input type="checkbox"/> Stable Angina |
| <input type="checkbox"/> Valve Surgery – Date: _____ | <input type="checkbox"/> Congestive Heart Failure |
| <input type="checkbox"/> PCI/Stent – Date: _____ | |
| <input type="checkbox"/> Other Cardiovascular Surgery: _____ | |

Secondary Diagnosis

- | | |
|---|--|
| <input type="checkbox"/> Diabetes (Non-Insulin Dependent) | <input type="checkbox"/> PVD |
| <input type="checkbox"/> Diabetes (Insulin Dependent) | <input type="checkbox"/> COPD: _____ |
| <input type="checkbox"/> CVA | <input type="checkbox"/> Other Respiratory Dx: _____ |
| <input type="checkbox"/> TIA (s) | <input type="checkbox"/> Other (Renal, CA): _____ |

Please attach ALL of the following. *If item is not available, please indicate reason in comment below.*

- | | |
|--|-----------|
| <input type="checkbox"/> Echocardiogram Report (Post Event) | Comments: |
| <input type="checkbox"/> Cardiologist Reports | |
| <input type="checkbox"/> Cardiac Medications List (with doses) | |
| <input type="checkbox"/> Other Cardiac Medical History | |

Physician's Name: _____

Physician's Signature:

Address: _____

Telephone: _____ Fax: _____

Date (dd/mm/yy): _____

All patients referred to North Hastings Cardiac Rehabilitation will be screened for appropriateness of participation based on Canadian Association of Cardiac Rehabilitation recommendations.